



**DANINE CASPER, ACC, MHA**  
Principal

### Areas of coaching

- Developing leadership capacity
- Executive presence
- Culture transformation
- Relationship building
- Emotional intelligence
- Polarity management
- Communication skills
- Group coaching

### Professional experience

- Principal, Aponi Coaching and Consulting
- Adjunct Faculty Member, St. Joseph's College of Maine
- Vice President Mission Integration and Human Resources, Catholic Health Initiatives, MBO

### Education

- M.H.A., Healthcare Administration, St. Joseph's College of Maine
- M.A., Spirituality Creighton University
- M.S. Curriculum and Instruction, University of Wisconsin Milwaukee

### Affiliations and Certifications

- International Coach Federation, ACC
- Leadership Circle Profile™
- Institute of Coaching at Harvard University
- Healthcare Business Womens Association



### Background

Danine is an Executive Coach specializing in helping leaders move past limiting ways of thinking and acting and become more powerful, purposeful and aligned with what matters most in life, personally and professionally. Her coaching helps clients become masterful leaders through competency and skill development **and** growing and developing oneself.

Danine has partnered with executives and leaders in a variety of industries including, finance, real estate, higher education healthcare and consulting services. She enjoys teaching a graduate course, Leadership in Health Administration and mentoring women in the Healthcare Business Women's Association.

Danine is passionate about helping individuals and organizations move their change agendas forward in today's increasingly interdependent and complex environment.

### Client results

- Helped the Associate Vice President in a healthcare system effectively engage the collective intelligence of her team implementing safety and quality initiatives. She also gained confidence in her public speaking after becoming aware of thoughts and feelings that were limiting her potential. She aligned her core beliefs and values with her identity as a leader and her executive presence.
- Coached the Director of Talent Acquisition during a merger with job transitions and layoffs. We focused on utilizing her leadership strengths to maintain healthy relationships and clear communication. She grew in her capacity to lead under challenging circumstances with compassion, empathy and respect.